



# 2<sup>ND</sup> NATIONAL MYOSITIS MEET



## SCIENTIFIC PROGRAM, 26TH APRIL 2025

Venue: Pope Paul VI Auditorium, St. John's National Academy of Health Sciences

Time	Topic	Learning Objective	Speaker	Chairperson
9AM- 9:20 AM	Imaging Inflammation: MRI Gets Muscles Talking!	<ul style="list-style-type: none"> <li>• Pattern Recognition approach to differential diagnosis of Myositis.</li> <li>• Learn to differentiate between Edema, Atrophy, Inflammation and several others</li> <li>• Role of novel MRI sequences and AI in early diagnosis and guiding therapeutic decision making</li> </ul>	Dr. Karthik Kulanthaivelu MD,DM (Neuroradiology)	Dr. Ramnath Misra M.D., F.R.C.P, FAMS (Rheumatology) Dr. Thomas Mathew MD, DM (Neurology) Dr. Karthik Shyam MD (Radio-diagnosis)
9:20 AM-9:40 AM	PET-MRI in Inflammatory Muscle Disease: Advancing Diagnosis and Disease Monitoring	<ul style="list-style-type: none"> <li>• Can PET-MRI take us one step further esp In SeroNeg Myositis</li> <li>• Role in improved early detection of muscle inflammation, in assessing treatment response and disease progression.</li> <li>• Role of emerging PET tracers for better characterization of muscle inflammation.</li> </ul>	Dr. Chandana Nagaraj DNB (Nuclear Medicine)	
Q & A 10 Min				
9:50 AM- 10:30 AM	<b>Panel discussion</b> Enhancing Muscle Strength Recovery: Non-Pharmacological Strategies and Innovations	<ul style="list-style-type: none"> <li>• Approaches to improving muscle strength in myositis as an addendum to pharmacological treatments.</li> <li>• This discussion brings together experts in nutrition, rehabilitation, clinical physiology, and rheumatology to explore comprehensive strategies for muscle strength recovery in myositis.</li> </ul>	Dr. Thomas Anand Augustine, MD (PMR) Dr Able Lawrence MD DM (Rheumatology) Dr. Rebecca Kuriyan Raj Ph.D Dr. Sucharita S MD, PhD.	Dr. Ruchika Goel, MD, DM (Rheumatology)
10:30 AM- 11:10 AM	Dermatomyositis- What is new?	<ul style="list-style-type: none"> <li>• Refine Diagnostic Precision</li> <li>• Navigate Advances in Treatment Strategies</li> <li>• Evaluate Prognostic Indicators &amp; Longitudinal Outcomes</li> </ul>	Dr Ho So FHKCP FHKAM FRCP (Rheumatology)	Dr. Liza Rajasekhar, MD (Rheumatology) Dr. S.N Amin, MD (Rheumatology) Dr.Chandrashekara .S, MD, DM (Rheumatology)
<b>11:15AM- Inauguration; Tea and Poster viewing</b>				

11:45 AM-12:30 PM	Navigating Difficult-to-Treat Myositis: Expert Perspectives and Insights	Analyze challenging clinical cases - Specialist Perspectives and analysis	Dr. Abhra Chowdhury MD, DM (Rheumatology)	Dr. Rohini Samant, MD (Rheumatology) Dr Nalini A, MD, DM (Neurology)
12:30 PM-1:00 PM	Myositis Disease Activity Assessment Tool: A Practical Guide for Everyday Clinics	<ul style="list-style-type: none"> <li>Overview of key components of MDAAT, quantify muscle and extramuscular activity.</li> <li>Interactive discussion of real-life cases to illustrate the tool's clinical utility</li> </ul>	Dr. Ramya J MD, PDF ((Rheumatology) Dr. Phani Kumar DM (Rheumatology)	
<b>Poster viewing/ Judging LUNCH 1-2 PM</b>				
<b>2-3:30 PM (Chose One)</b>	<b>Myophysiology</b> Dr. Sucharita S, MD, PhD (Physiology) Dr. Hari Krishnan, MD, DM (Rheumatology)	<b>Myopathology</b> Dr. Anita Mahadevan, MD, FAMS (Neuropathology) Dr. Nandeesh BN, MD, PDF (Neuropathology) Dr. Puja Srivastava, MD, DM (Rheumatology) Dr. Aditi Goyal, MD, DM (Neuropathology)	<b>Brainstorming research Ideas and Strengthening Myositis Registry</b> Dr. Liza Rajasekhar MD,(Rheumatology), Dr. Able Lawrence MD, DM (Rheumatology), Dr. Anuj Shukla MD, DM (Rheumatology), Dr. Sidhath Jain MD, DM (Rheumatology)	
3:30 PM-4.00 PM	Unmasking the Look-Alikes in Muscle Disease	Myositis Mimics: Understand the clinical red flags. Learn to apply diagnostic tools to differentiate Myositis from Its Mimics	Dr. Raghunandan Nadig MD,DNB (Neurology)	Dr. K M Mahendranath, MRCP (Rheumatology) Dr. Yogesh Preet Singh, MD, DM (Rheumatology)
4:00 PM-4:30 PM	Staying One Step Ahead: Infection Prevention and Vaccination in Myositis	Are IIM patients more vulnerable to infection? Strategies to integrating Infection prevention into routine Myositis care and especially in context of concerns about vaccine efficacy and timing in patients receiving corticosteroids, immunosuppressive and biological therapies	Dr Yashpal Chugh (Medical Lead, Adult Vaccines GSK)	Dr. Amita Aggarwal MD, DM (Rheumatology) Dr. Neha Mishra MD, PDF (Infectious Diseases)
4:30 PM	ORAL abstracts	Evaluate and judge abstracts for clarity and accuracy Assess the validity of study design, methodology, statistical analysis and results	Expert: Dr. Ho So (Rheumatology)	Dr. G.R.K. Sarma, MD, DM (Neurology) Dr. Uma Kumar, MD (Rheumatology) Dr. Liza Rajasekhar, MD (Rheumatology) Dr. Sarath Chandra Mouli Veeravalli MD, MRCP (Rheumatology)
5:50 PM	Vote of Thanks Dr Vineeta Shobha MD, DM (Rheumatology)			

**Poster judges:**

- Dr. Sravan Kumar Appani MD, DM (Rheumatology)
- Dr. Sarit Sekhar Pattanaik MD,DM (Rheumatology)
- Dr. Sachin J MD,PDF (Rheumatology)
- Dr. Akshata Huddar MD,DM,PDF,NMD (Neurology)
- Dr. Avinash Jain MD, DM (Rheumatology)
- Dr. Vishad Viswanath MD,DM (Rheumatology)