

SCIENTIFIC PROGRAM, 19-20 SEPTEMBER 2026

Venue: Smt. NHL Municipal Medical College, Ahmedabad

Time	Topic	Learning Objective	Speaker
08:30 - 09:00	Participant registration and networking DISPLAY of POSTERS (Throughout DAY)		
9:00 - 11:30	WORKSHOP 1	Myopathology	Dr Megha Uppin, NIMS, Hyderabad Dr Nandeesh, NIMHANS, Bengaluru Dr Radhika, Unipath Lab, Ahmedabad
	WORKSHOP 2	Functional Assessments in Myositis	Dr Sravan Kumar, Physiotherapy, NIMS Dr Ramya J, SJMCH, Bengaluru Dr Phani Kumar, NIMS, Hyderabad
11:30 - 11:45	Tea break		
11:45 - 12:30	Inauguration Ceremony and World Myositis Day Celebration		
12:30 - 13:00	Measuring What Matters: Functional Assessment and Outcome Measures	• Explore emerging approaches to functional assessment. • Patient-centred and performance-based outcome measures.	Dr Helene Alexanderson Karolinska University Hospital, Stockholm, Sweden
13:00 - 14:00	Poster viewing and Lunch		
Diagnosing and Quantifying Muscle Inflammation: MRI–Pathology Correlates			

14:00 - 14:30	Muscle Imaging in Myositis: From Diagnosis to Disease Monitoring	• From Diagnosis to Quantification of Muscle Inflammation • Assessing Treatment Response and Disease Progression	Dr Khushboo Pilania, Radiologist
14:30 - 15:00	Myositis Biopsy Revisited: Integrating Pathology with Clinical and Serological Phenotypes	Continuing Relevance of Muscle Biopsy and its Role in the era of MSAs	Dr Megha Uppin, Neuropathologist, Hyderabad
Translational corner			
15:00-15:25	Journey of Molecular Phenotyping of Myositis: A Bioinformatic Journey	• Explain how transcriptomic profiling has transformed our understanding of myositis heterogeneity. • Evaluate the potential of transcriptomic biomarkers for diagnosis, prognosis, and therapeutic stratification.	Dr. Nagaraju Kanneboyina, Scientist, State University of New York, Binghamton
15:25-15:45	Muscle Atrophy in Myositis: Mitochondrial Dysfunction and Implications for Strength Recovery	• Explain the role of mitochondrial dysfunction in muscle atrophy and impaired muscle regeneration in myositis. • Targeted interventions, including exercise and nutrition, that may improve mitochondrial function and support strength recovery.	Dr Sucharita, Clinical Physiology, SJMCH, Bengaluru
15:45-16:05	Muscle Regeneration in Myositis: Stem Cells, Repair Mechanisms, and Therapeutic Opportunities	• Understand the biology of muscle stem cells: Cellular and molecular pathways involved in skeletal muscle regeneration. • Role of satellite cells in	Dr Sam J Mathew, Scientist, RCB, Faridabad

		muscle maintenance and repair and its clinical applications	
16:05-16:15	QnA		
16:15-16:30	Tea and Mobility break		
16:30–17:30	Challenging Myositis Cases	Apply Diagnostic Reasoning in Complex Presentations with Discordant Biomarkers	Dr Ruchika Goel, CMC, Vellore. Dr Varun Dhir, PGIMER, Chandigarh. Dr Sujatha Sawhney, Pediatric Rheumatologist, New Delhi
17:30-18:30	Mini Debates (20 Min x 3) 1. Myositis-Associated Malignancy Screening: universal PET-CT vs. risk-stratified screening 2. Should Myositis-Specific Autoantibodies Dictate First-Line Therapy? 3. Myositis-Associated ILD: Early Aggressive Combination Therapy or Step-Up Management?		Dr Siddharth, AIIMS, New Delhi & Dr Harikrishna, Kottayam Dr Abhilasha, AIIMS Nagpur Dr Anoop C, Kerala & Dr Niladri Bhowmick, Hyderabad

Date: 20 September 2026

Time	Topic	Learning Objective	Speaker
8:00-9:00	Meet the Professor: Dr. Nagaraju Kanneboyina, Scientist, State University of New York, Binghamton Topics for discussion: Glucocorticoid alternatives Transcriptomics: the next step forwards		
9:15-9:45	Myositis-related interstitial lung disease: pivotal concepts in care	Interpret patient-reported outcome measures (PROMs) relevant to myositis-ILD	Dr. Lesley A Saketkoo Rheumatologist, New Orleans, Louisiana
9:45-10:05AM	Phenotypic Clusters and Outcomes of Anti-MDA5+ Myositis: MyoIN Ambispective Registry	Correlate clinical phenotypes with pulmonary involvement, treatment response, and long-term outcomes.	Dr Puja Srivastava, Ahmedabad
10:05-10:25	Launch of MyoIN Registry: Building India's Collaborative Platform for Myositis Research		Dr Vineeta Shobha, SJMCH, Bengaluru
10:25-10:45	Beyond the Registry: Building Collaborative Data Networks and Ethical Biobanks in Myositis		Dr Amita Agarwal, AIIMS, Bibinagar
10:45 -10:55	QnA		
11:00-11:15	Tea Break		
11:15 - 11:35	Juvenile myositis: lessons for adult rheumatologist	Recognize the distinctive clinical, serological, and pathological features Importance of transition care from pediatric to adult rheumatology	Dr Vignesh, PGIMER Chandigarh (Pediatric Immunologist)
11:40 - 12:40	Oral Abstract Presentations		
12:40-13:00	Prize Distribution Summary/Announcements Vote of Thanks		
11:30 AM onwards	PARALLEL session: Patients meet World Myositis Day: Raising Awareness, Inspiring Hope, Advancing Care		